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# FJH STRING ORCHESTRA

Grade 3

# APPLE SEED IN MY BANANA

Lauren Bernofsky

## Instrumentation

- 1 - Conductor's Full Score
- 8 - Violin 1
- 8 - Violin 2
- 5 - Violin 3 (Viola T.C.)
- 5 - Viola
- 5 - Violoncello
- 5 - Double Bass

**Extra Conductor Score: \$5.00**  
**Extra Parts: \$3.50**

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## The Composer

Hailed by Lukas Foss as “a master composer,” **Lauren Bernofsky** has written over a hundred works, including solo, chamber, and choral music, as well as larger-scale works for orchestra, film, musical, opera, and ballet. With performances spanning the world, her music has been described as “a fantastic balance between the emotional and intellectual; technical and lyrical side of 21st Century composition.”

She holds a master’s degree in composition from the New England Conservatory and a doctorate in composition from Boston University. She is former faculty of The Peabody Institute.

Bernofsky has received grants from The National Foundation for the Advancement of the Arts, The American Music Center, and The American Composers Forum. She has been honored with a Longfellow Chorus Award of Distinction, an Excellence in Composition Award from the Brass Chamber Music Forum, and her composition *Sonatine* won the National Flute Association’s Newly Published Music Competition. Her works have been commissioned by The Del Mar Trio, The Holyoke Civic Symphony, The Litchfield County Children’s Choir, The South Shore Conservatory, Sinfonia Calcania of Boston, The Harford Ballet, Roundabout Opera for Kids, and Drumpetello.

Her compositions have been performed across the United States as well as in England, Wales, Canada, Germany, Norway, Iceland, Spain, Portugal, Korea, New Zealand, Australia, the Netherlands, Brunei, Scotland, and Singapore. Her music can be heard on the Polarfonia, Emeritus, Music to My Ears, and Albany labels.

Lauren Bernofsky currently serves as **Music Director** of the Musical Arts Youth Organization (MAYO) in Bloomington, IN, as **well as** a guest clinician and conductor at regional string festivals.

## About the Music

One fine morning as I sat with my daughter Julia at breakfast, I looked down at my plate and saw, amidst my sliced bananas, an apple seed (obviously it had been on the cutting board or knife I used). I announced, “There’s an apple seed in my banana.” Having been plagued with my sillinesses for the thus far nine years of her life, Julia knew what was coming next. We locked stares and, with me snapping on the off-beats, chanted “apple seed in my banana, apple seed in my banana....” And so this piece was born. (Do not think too hard about any deep meaning behind the title – it certainly does not refer to a horticultural advance!)

At the “vamp” section, the conductor may allow players to take brief solos. With my own orchestra, I offer that anyone who wants to play a solo may raise their bow, and I will nod at them when it’s their turn. I have been surprised at how well this goes at the concerts – it allows the players to be spontaneous (and not worry about having to play a solo, since they get to choose, “in the moment.”) I find that my players often sound their best when they improvise solos, because they tend to play the sort of things that they do best. My favorite aspect of having solos, though, is that each player can make his or her own creative contribution to the piece. The performance then reflects the different personalities of the players, and it’s different every time!

*Lauren Bernofsky*

for Julia Irmscher

## APPLE SEED IN MY BANANA

LAUREN BERNOFSKY  
(BMI)With spirit ( $\text{♩}=136$ )

Violin 1

Violin 2 *pizz.*  
*mf*

Violin 3 (Viola T.C.) *pizz.*  
*mf*

Viola *pizz.*  
*mf*

Violoncello *pizz.*  
*mf*

Double Bass *pizz.*  
*mf*

2            3            4

Vln. 1 *mf*

Vln. 2 *arco*

Vln. 3 (Viola T.C.) *arco*

Vla. *arco*

Vcl. *arco*

D.B.

5            6            7            8

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Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

9                    10                    11                    12

13

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

13                    14                    *mf*                    15                    16

Musical score for strings (Vln. 1, Vln. 2, Vln. 3/Vla. T.C., Vla., Vcl., D.B.) in G major. The score shows six staves of music with measure numbers 17 through 20 at the bottom. Measures 17-18 show various eighth-note patterns. Measure 19 begins with a rest followed by eighth-note patterns. Measure 20 concludes the section.

Musical score for strings (Vln. 1, Vln. 2, Vln. 3/Vla. T.C., Vla., Vcl., D.B.) in G major. The score shows six staves of music with measure numbers 21 through 24 at the bottom. Measures 21-22 feature pizzicato strokes indicated by the word "pizz." Measures 23-24 show eighth-note patterns. Measure 24 ends with a dynamic marking "mf".

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

25                    26                    27                    28

29

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

29                    30                    31                    32

*mf*

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

This musical score page contains six staves for string instruments. The first three staves (Vln. 1, Vln. 2, Vln. 3/Vla. T.C.) are in treble clef, while the last three (Vla., Vcl., D.B.) are in bass clef. The key signature is one sharp. Measure 33 starts with a dynamic 'v' over Vln. 1. Measures 34 and 35 show continuous eighth-note patterns. Measure 36 begins with a dynamic 'v' over Vln. 1.

33                    34                    35                    36

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

This musical score page continues with six staves. Measures 37 and 38 show eighth-note patterns. Measure 39 starts with a dynamic 'mp' over Vln. 1. Measure 40 features a 'pizz.' dynamic over D.B. and includes a melodic line for Vcl.

37                    38                    39                    40

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

41

42

43

44

*mp*

*arco*

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

45

46

47

48

*mp*

*pizz.*

*pizz.*

49

Vln. 1

*cresc. poco a poco*

Vln. 2

*cresc. poco a poco*

Vln. 3 (Vla. T.C.)

*cresc. poco a poco*

Vla.

*cresc. poco a poco*

Vcl.

*cresc. poco a poco*

D.B.

*cresc. poco a poco*

div.

49      50      51      52

55

Vln. 1

Vln. 2

Vln. 3 (Vla. T.C.)

Vla.

Vcl.

D.B.

*f*

*f*

*f*

*f*

*f*

*f*

53      56

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

57                    58                    59                    60

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

63

61                    62                    63                    64

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

65            66            67            68

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

69            70            71            72

\* slap fingerboard with left hand

**optional vamp:** players may volunteer to take solos in turn

Vln. 1

Vln. 2

Vln. 3 (Vla. T.C.)

Vla.

Vcl.

D.B.

73

74

75

76

77

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Vln. 1

Vln. 2

Vln. 3 (Vla. T.C.)

Vla.

Vcl.

D.B.

78      79      80      81

83

Vln. 1

Vln. 2

Vln. 3 (Vla. T.C.)

Vla.

Vcl.

D.B.

div.

senza rit.

div.

Vln. 1

Vln. 2

Vln. 3  
(Vla. T.C.)

Vla.

Vcl.

D.B.

87            88            89            90

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