

La Mia Forza

For String Orchestra, Grade 2.5
by Katie O'Hara LaBrie

Instrumentation

1 - Full Score
8 - Violin 1 / Violin 1A
8 - Violin 2
3 - Violin 3 (Viola T.C.)
5 - Viola
5 - Cello / Cello A
5 - Bass
1 - Optional Harp

Note from the Editor:

This is a lyrical waltz that moves through several different key centers (G,C,D). Melodies are passed around the sections as delicate 8th note lines connect ideas from one to the next. This piece provides ample opportunity to explore phrasing, tone and dynamics. Optional advanced parts for 1st violin & cello are provided as an introduction to shifting.

- Katie O'Hara LaBrie

Full Set - \$60.00

Extra Conductor Score - \$10.00

Extra Part - \$5.00



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La Mia Forza

By Katie O'Hara LaBrie, Grade 2.5

Program Notes:

La Mia Forza. My Strength.

Sometimes in life you are lucky enough to find a person who supports you, and is always there for you. They push you to be the best you can be and carry you when you fall. They are the one person who knows how to make you smile when a smile is hard to find. They can make you laugh with the silliest inside joke. They are there with you during the hardest challenges and most unfathomable times, and equally for the most heartwarming and joyous moments of your life. This person is your strength, always.

Written with love.

– Katie O'Hara LaBrie

Note to the Conductor:

Though the piece is perfectly playable in 1st position, I've provided options for 1st violin and cello to practice shifting. Rather than confusing the students with multiple fingering options on one page you will find a Violin 1A part (shifting) on the back of the Violin 1 (non-shifting) part, and similar for cello. I hope this helps with differentiation in your classroom and provides an opportunity for students to explore the impact that shifting can have on tone, or an opportunity for more advanced orchestras to focus on developing vibrato and musicality.

In the score, the advanced 1st violin fingerings are listed below the notes and the first position fingerings are listed (where necessary) above the notes. Advanced cello fingerings are listed above (as the standard part does not include any additional fingerings).



About the Composer:

Katie O'Hara LaBrie is a composer, conductor, clinician, and cellist from Northern Virginia and is the Orchestra Editor for Randall Standridge Music Publications. An educator at heart, Mrs. LaBrie spent the first 15 years of her career teaching orchestra in Fairfax County, Virginia. She holds a Bachelor of Music in Music Education from St. Olaf College, where she studied under Steven Amundson, and Masters of Music in Instrumental Conducting from George Mason University, where she studied with Anthony Macello.

As a composer, Mrs. LaBrie's inspiration grows from many sources such as family and nature, but primarily draws from her experiences as a music educator. She enjoys creating new music with the goal of being educationally sound, pleasing to audiences, and above all, fun for the players. She is passionate about sharing music with others and teaching students how to practice with purpose.

Mrs. LaBrie is the founding conductor of the Fairfax Chamber Players and co-creator of "the Big IDEA" practice method and "Getting in Gear: Fundamental Warm-ups for String Orchestra." In 2022, she was honored as one of Yamaha's "40 Under 40," for her action, courage, creativity, and commitment to growth in the music education field. She lives in Fairfax, VA with her husband Joe, who is a middle school band director, and their budding musician, Liam.

For Joe, my strength

La Mia Forza

Score
Grade 2.5
Duration 2:15

Katie O'Hara LaBrie
(ASCAP)

Lovingly ♩ = c. 92

Violin 1 (Violin 1A*)
Violin 2
Viola (Violin 3)
Cello (Cello A*)
Double Bass (Cello 2)
Optional Harp

1 2 3 4 5
6 7 8 9 10

* Violin 1A contains 3rd position fingerings. In the score these are listed below the staff, whereas Violin 1 fingerings are listed above the staff. Cello A contains 2nd and 3rd position fingerings. These are listed above the staff, whereas the standard cello part has no additional fingerings.

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RSMS081

11

Musical score for measures 11-15. The score is for a string quartet and piano. The instruments are Vln. 1, Vln. 2, Vla., Vc., D.B., and Hp. The key signature is one sharp (F#). The score includes dynamics such as *mp* and *mf*, and performance instructions like *cresc. poco a poco* and *arco*. A box containing the number 11 is located at the top left of the first staff.

Vln. 1 *mp* *cresc. poco a poco* *mf*

Vln. 2 *mp* *mf*

Vla. *mp* *mf*

Vc. *mf* 2nd pos.

D.B. *mp* *cresc. poco a poco* *mf*

Hp. *mf*

11 12 13 14 15

19

Musical score for measures 16-20. The score is for a string quartet and piano. The instruments are Vln. 1, Vln. 2, Vla., Vc., D.B., and Hp. The key signature is one sharp (F#). The score includes dynamics such as *mp* and *mf*, and performance instructions like *bring out*, *pizz.*, and *1st pos.*. A box containing the number 19 is located at the top center of the first staff.

Vln. 1 *mp* *mf* *bring out*

Vln. 2 *mp* *mf* *bring out*

Vla. *mp* *mf*

Vc. *mf* *pizz.* *mf* 1st pos.

D.B. *mf*

Hp.

16 17 18 19 20

Musical score for measures 21-25. The score includes staves for Vln. 1, Vln. 2, Vla., Vc., D.B., and Hp. A large diagonal watermark "Preview Only" is overlaid across the score. Measure numbers 21, 22, 23, 24, and 25 are printed below the respective staves.

Musical score for measures 26-30. The score includes staves for Vln. 1, Vln. 2, Vla., Vc., D.B., and Hp. A large diagonal watermark "Preview Only" is overlaid across the score. Measure numbers 26, 27, 28, 29, and 30 are printed below the respective staves. Performance markings include *f* (forte) and *mf* (mezzo-forte). Specific performance instructions include "arco" for the Vc. staff in measure 27 and "x1" for the Vc. staff in measure 29. Fingerings are indicated with numbers 1-4.

35

Musical score for measures 31-35. The score includes staves for Vln. 1, Vln. 2, Vla., Vc., D.B., and Hp. Dynamics range from *mf* to *p*. A '4' is written under the first violin staff in measure 33. A '3rd pos.' instruction is present in the double bass staff in measure 35. A large 'Preview Only' watermark is overlaid on the score.

38

Musical score for measures 36-40. The score includes staves for Vln. 1, Vln. 2, Vla., Vc., D.B., and Hp. Dynamics are marked as *mp*. A '-1' is written under the double bass staff in measure 37. A large 'Preview Only' watermark is overlaid on the score.

43

Musical score for measures 41-45. The score includes staves for Vln. 1, Vln. 2, Vla., Vc., D.B., and Hp. Dynamics include *f*, *mf*, and *mp*. A first ending bracket is present in measure 42. A second ending bracket is present in measure 44. A *v* marking is present in measure 43.

Musical score for measures 46-50. The score includes staves for Vln. 1, Vln. 2, Vla., Vc., D.B., and Hp. Dynamics include *mf*. A key signature change to C# is indicated at the end of measure 50.

51

Musical score for measures 51-55. The score is for a string quartet and piano. The instruments are Violin 1 (Vln. 1), Violin 2 (Vln. 2), Viola (Vla.), Violoncello (Vc.), Double Bass (D.B.), and Piano (Hp.). The key signature is two sharps (F# and C#). The tempo is marked with a square symbol. The dynamics are marked with *f* (forte). The score includes a rehearsal mark '51' in a box at the beginning. The measures are numbered 51, 52, 53, 54, and 55 at the bottom. A large 'Preview Only' watermark is overlaid on the score.

59

Musical score for measures 56-60. The score is for a string quartet and piano. The instruments are Violin 1 (Vln. 1), Violin 2 (Vln. 2), Viola (Vla.), Violoncello (Vc.), Double Bass (D.B.), and Piano (Hp.). The key signature is two sharps (F# and C#). The tempo is marked with a square symbol. The dynamics are marked with *f* (forte). The score includes a rehearsal mark '59' in a box at the beginning. The measures are numbered 56, 57, 58, 59, and 60 at the bottom. A large 'Preview Only' watermark is overlaid on the score.

meno mosso *rit.*

Musical score for measures 61-65. The score is for a string quartet and piano. The key signature is two sharps (D major). The tempo is *meno mosso* and the ending is *rit.* (ritardando). The instruments are Vln. 1, Vln. 2, Vla., Vc., D.B., and Hp. The dynamics are *mf* (mezzo-forte) for most parts. Measure 61 has a 4-measure rest for Vln. 1 and a 3-measure rest for Vln. 2. Measure 62 has a 3-measure rest for Vln. 1 and a 4-measure rest for Vln. 2. Measure 63 has a 1-measure rest for Vln. 1 and a 4-measure rest for Vln. 2. Measure 64 has a 4-measure rest for Vln. 1 and a 1-measure rest for Vln. 2. Measure 65 has a 4-measure rest for Vln. 1 and a 1-measure rest for Vln. 2.

Musical score for measures 66-70. The score is for a string quartet and piano. The key signature is two sharps (D major). The dynamics are *mp* (mezzo-piano) for most parts. Measure 66 has a 4-measure rest for Vln. 1 and a 4-measure rest for Vln. 2. Measure 67 has a 4-measure rest for Vln. 1 and a 4-measure rest for Vln. 2. Measure 68 has a 4-measure rest for Vln. 1 and a 4-measure rest for Vln. 2. Measure 69 has a 4-measure rest for Vln. 1 and a 4-measure rest for Vln. 2. Measure 70 has a 4-measure rest for Vln. 1 and a 4-measure rest for Vln. 2.